Green living is an obviously important trend with the environment being at the forefront of global concerns. Beautiful and informative, this book is highly inspirational for anyone who dreams of living a simple and rewarding lifestyle. A Greener Life is a comprehensive guide to being more self-sufficient in everyday life. Informative, witty and practical, this inspirational book shows readers how to adopt a more natural and harmonious way of life regardless of the size of their home or garden. Readers will learn to grow their own vegetables, use alternative energies, learn to knit, use natural paints, keep livestock and bees, and much more. From baking bread to home brewing, A Greener Life shows readers how to live the good life in a healthy, organic way.

My Personal Review:
Fascinating overview on how to take more control of what you use and eat. Specially fun for armchair farmers...who knew that Shetland sheep don't need to be sheared by hard to find craftmen shearers, you yourself can pull the wool off your wee woolies! Need a recipe for natural paint? What's the simple old way of testing how fresh your eggs are?

The Greener Life has such gems of information on nearly every page. This rapidly fading common knowledge is what this book is all about. My parents generation would find it redundant, I'm captivated and motivated, but fear my children would find it completely foreign. Farmer wannabes of the world unite!

Clarrisa Dickson Wright and Johnny Scott are boldly independent thinkers. For instance, they disagree with the medical edict that skim milk is best. Why the dramatic increase in osteoporosis and depression? They link those medical conditions to the widespread dietary change of removing milk's richness and serotonin levels, which lower cholesterol levels but also counteract weakening bones and depression. No long list of scientific articles justifying their position, simply a pre-expert era's way of logical
induction that prompts one to go out and buy a half gallon of grass fed whole milk. It has a real taste, is astonishingly creamy and makes more silky yogurt.

This book is an excellent choice for those on the brink of a life change, those actually working to make changes and looking for ways to expand the good work, and for those completely new to such ideas. The photos are enticing, the text lively and the message very challenging. Great book!

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