Family Therapy: An Overview by Irene Goldenberg

Good Book

This current, engaging, and practice-oriented text is your complete resource for mastering the many facets of family therapy. In this Seventh Edition of their respected text, Irene and Herbert Goldenberg examine and explain traditional and evolving viewpoints, perspectives, values, intervention techniques, and goals of family therapy. The authors provide practice-oriented content that will help you become an empathic and effective family therapist. The new edition includes the latest references and contemporary thinking on central issues such as family resiliency, alternative forms of family life today, gender, culture, and ethnic considerations. This edition also contains the American Association for Marriage and Family Therapy Code of Ethics—a great reference that will help you understand the importance of ethical practices.

My Personal Review:
I purchased this book for a class and it came in excellent condition and was delivered in a timely manner. The text itself is very easy to follow, as well as very educational. With this text, I do not feel as if the author is just saying the same things over and over, I feel as if I am getting new information about the same topics that I will be able to apply to my career latter in life. This is a good read.

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