Its a miracle! The metamorphosis process. Something starts out as a caterpillar and turns into something as beautiful as a butterfly. There are three reasons why we fail to make a similar transition in our growth as Christians, Chip Ingram says. First, we fail to understand our identity in Christ. Second, we don't understand the process by which we grow, and third, we don't understand how to walk by faith. Holy Transformation invites readers to embrace:

- The Call to Morphing: Is a changed life really possible?
- The Key to Morphing: Life-change...It can happen to you.
- The Goal of Morphing: How to become the person you want to be.
- The Process of Morphing: How to break out of a destructive lifestyle.
- The Practice of Morphing: The role of spiritual training

My Personal Review:
This book has been updated and the title has been changed to The Miracle of Life Change and a course for small group study is being offered. I've asked my church to purchase it and I have agreed to facilitate the class although I'm probably not a good teacher. So obviously I'm convinced its worth the time and study.

The introduction of Holy Transformation makes the astonishing statement that only 10% of Christians have a faith derived life change that makes them significantly different from non-Christians. The rest of the book shows how to change. One of the reasons that Christians are accused of being hypocrits is because their lives are no different from the world.
If your desire is to change and to become the Christ-like person that we are called to be, I can recommend Holy Transformation or the updated version. But be aware its not a quick, easy read. It may change your life and require a lifetime of study.

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