How to Be Idle by Tom Hodgkinson

Its A Lifestyle.

From the founding editor of The Idler, the celebrated magazine about the freedom and fine art of doing nothing, comes not simply a book, but an antidote to our work-obsessed culture. In How to Be Idle, Tom Hodgkinson presents his learned yet whimsical argument for a new universal standard of living: being happy doing nothing. He covers a whole spectrum of issues affecting the modern idler—sleep, work, pleasure, relationships—while reflecting on the writing of such famous apologists for it as Oscar Wilde, Robert Louis Stevenson, and Nietzsche—all of whom have admitted to doing their very best work in bed.

My Personal Review:
I read this book while in a summer vacation and it was the perfect companion. While its a witty and funny quick read, it also had a more deep, and longlasting effect on me. Its good to remind ourselves, in this efficiency driven (and sicken) society we live in, that it didnt use to be this way always, and more important it doesnt have to be like this. It has a philosophical side which Ive found to be good food for thought, without being dense.

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