Hungry Planet: What the World Eats
by Faith DAuisio

It's an inspired idea--to better understand the human diet, explore what culturally diverse families eat for a week. That's what photographer Peter Menzel and author-journalist Faith DAuisio, authors of the equally ambitious Material World, do in Hungry Planet: What the World Eats, a comparative photo-chronicle of their visits to 30 families in 24 countries for 600 meals in all. Their personal-political portraits feature pictures of each family with a week's worth of food purchases; weekly food-intake lists with costs noted; typical family recipes; and illuminating essays, such as Diabesity, on the growing threat of obesity and diabetes. Among the families, we meet the Mellanders, a German household of five who enjoy cinnamon rolls, chocolate croissants, and beef roulades, and whose weekly food expenses amount to $500. We also encounter the Natomos of Mali, a family of one husband, his two wives, and their nine children, whose corn and millet-based diet costs $26.39 weekly. We soon learn that diet is determined by largely uncontrollable forces like poverty, conflict and globalization, which can bring change with startling speed. Thus cultures can move--sometimes in a single jump--from traditional diets to the vexed plenty of global-food production. People have more to eat and, too often, eat more of nutritionally questionable food. Their health suffers. Because the book makes many of its points through the eye, we see--and...
feel--more than we might otherwise. Issues that influence how the families are nourished (or not) are made more immediate. Quietly, the book reveals the intersection of nutrition and politics, of the particular and universal. Its a wonderful and worthy feat. --Arthur Boehm

The Hungry Planet is most familiar for the photos of some thirty families from very different cultural traditions, each posed with a display of their weeks supply of food. The book elaborates on this with many photos of the families at home, at work, at play, in the kitchen, at the market, in the garden. The accompanying reading enhances the experience but is not so extensive as to interrupt the pictures which are the main attraction. Its a wonderful book to share with anyone but especially with youngsters who are old enough to appreciate the variety of human tastes and experiences.

For More 5 Star Customer Reviews and Lowest Price:

Hungry Planet: What the World Eats by Faith DAluisio - 5 Star Customer Reviews and Lowest Price!