The Truth Hurts...

While chiropractic can provide quality treatment for certain types of back and neck pains and related problems, many health-industry professionals and patients are under the impression that the practice can be used as a method for restoring and maintaining overall health. Inside Chiropractic is a clearly presented, practical guide that explores the facts and falsehoods of chiropractic from the view of a doctor with more than forty years of experience in the field—a noted authority on the safe use of chiropractic to treat physical pain. Dr. Samuel Homola unleashes a startling critique of the well-established belief that chiropractic can treat infection and disease. Citing the shaky opinions and anecdotal evidence that support chiropractic treatments for a wide range of illnesses, Dr. Homola states, Many chiropractors believe that correction of mis-aligned vertebrae can restore health and that regular spinal adjustments are essential for maintaining
health. There is no definitive, scientific evidence to support such a theory. Inside Chiropractic provides essential information to consumers, physicians, insurance carriers, and all concerned with the field on the origins of chiropractic, doctor education, choosing a good chiropractor, sense and nonsense in the practice, alternative healing, problems and questions that remain in chiropractic, and more.

This book is a must read. The fact that this book has caused so many other reviewers to respond with short and harsh replies questioning the motives of Dr. Homola is evidence that so many of the public are blinded by the lies of the majority of the chiropractic profession. I suppose I would be offended too if I had been taken in by this profession. There are many cases where spinal manipulation is appropriate but it is never beneficial as a lifelong treatment. Thank you Dr. Homola for dedicating yourself to giving back some credibility to a profession that has its small niche in medicine but has somehow been corrupted.

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