If plants are like people, then herbs are the doctors of the plant world - fixing up whatever ails you, your home, and your garden! And after 45+ years of working hard in the yard, there’s no one better to introduce you to these terrific, talented plants than Jerry Baker, America’s Master Gardener. In this book, you’ll discover the secrets for growing happy, healthy herbs indoors and out; how to make herbal remedies that’ll ease whatever ails you; just when and how to harvest your herbal bounty for prime potency; how to store your herbal treasures for year ’round use; and tips on buying herbs that heal.

My Personal Review:
Jerry Baker’s books are always concise, practical, and never leave room for guess work. In this book he has applied those principals to give us a small book packed full of specific information and done it with wit and humor. He has helped preserve a dying art and preserved information for generations to come. I have several large herbal reference books, but none give specific amounts to take of an herb, which left me guessing. He gives specific details and also tells you in the margins counterindications if the herb might not be appropriate to take. For people who take their herbs seriously, they will not find a better guide.

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