Key to Yourself: Opening the Door to a Joyful Life from Within (Hay House Classics) by Debbie Ford

Includes a FREE CD of Guided Meditations by Debbie Ford, the Author of The Best Year of Your Life

The beauty of Key to Yourself is seen through Venice Bloodworth's insightful approach to combining modern psychology and the very same principles taught thousands of years ago by master teachers such as Jesus. In searching for her own spiritual enlightenment, Venice Bloodworth found the root of true happiness based on concepts of spiritual psychology that disclosed the power of the mind to think itself to wellness, prosperity, and peace. Although the world has changed drastically over time, people are still confronted with the same fears and inner conflicts. Key to Yourself meets these challenges with ageless wisdom and boundless compassion.

My Personal Review:
I'm reading it again!! many, many inspiring and well thought out stories or one liners that will inspire any writer or reader wanting a greater clarity on life.
Buy it or give it as a gift and it will find its place in your library next to "as a man thinketh" James Allen and "financial success" by Wallace Wattles. It will also be one of those books that I can always go back to when times of stress or challenge comes up and find a lift from the great work of Venice Bloodworth.
I think so many of these principles were lived by the greatest lives ever lived. That is why I re-wrote and brought back to the people "lessons from great lives" just as Debbie Ford did here.
Dan McCormick

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