He was called the greatest jockey who ever rode but until now no one knew that the man who won the Kentucky Derby was only months away from losing his wife to suicide, or that when he won the title of winningest jockey of all time, he was the subject of an FBI investigation. With unflinching candor, Cain reveals Laffit Pincay’s greatest triumphs and fiercest struggles: the famed races, the unrivaled self-discipline, the relentless drive, the cheating, the betrayals, and the violence. Pincay may have lived the high life but he often was forced to pull himself out of the depths of hell. The Pincay story is shocking, poignant and soul-bearing – an awe-inspiring look at one of the worlds greatest living legends. It is truly the anatomy of a winner. Laffit Pincay, Jr. is arguably the greatest jockey who ever lived. In this remarkable book, Cain takes you inside the circus-type world that is horse racing. The writing is eloquent. You will not put it down.

Larry King, LARRY KING LIVE  Its a shocker. All through the glory years, when he was riding high as the sun and being showered with public adulation and wealth, Pincay was spinning from one domestic nightmare to another. . .Its a harrowing tale, much of it self-inflicted, and Pincay does not spare himself.


I was given this book. The last biography I read was probably in junior high when I read about George Westinghouse who convinced Americans to go with alternating current instead of Thomas Edison’s insistence on direct current. (It was a good book--don’t know why I haven’t read more bios.) I also have only gone to the race track twice in my life. The horses are beautiful but the racing didn’t excite me. Thus, it was with great surprise
that I became so caught up with "Laffit." Not only did it take Laffit Pincay Jr. to live an interesting life, but it took author Madelyn Cain to sort through it and select the right dramatic moments. The writing is so smooth, I wasn't even thinking about the words--just caught up in the unraveling of a life where Willy Shoemaker was such an icon and master, it seemed no one could do better. "Laffit" is much a story about the mindset it takes to be successful. Clearly, so much about winning is in the head. Business people should be reading this book. There's love and heartbreak here, too. His wife, Linda... well, you'll just have to read the book.

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Laffit: Anatomy of a Winner by Madelyn Cain - 5 Star Customer Reviews and Lowest Price!