In Living an Uncommon Life, nationally syndicated talk radio host John St. Augustine distills a decade of interviews with more than 5,000 guests into a road map for living an extraordinary life. St. Augustine saw a pattern in the lives of the exceptional personalities that have appeared on his show – each of them refused to let negative circumstances dictate their life and instead found the inner strength to achieve great things. St. Augustine insists we all share these remarkable strengths and traits and offers 21 principles for unlocking your personal best. Each principle is reinforced with a powerful story from the lives of people whose paths have crossed with St. Augustine including Oprah Winfrey, John Denver, Walter Payton and best-selling authors Cheryl Richardson and Wayne Dyer, among others. John St. Augustine hosts Power!Talk Radio and his motivational, one-minute Powerthoughts radio spots are heard daily on stations across the countr

My Personal Review:
As an avid reader of books related to spiritual and personal growth, in only a handful of instances have I come across a book that touched me as profoundly as this one did. It may sound cliché, but this book did indeed arrive in my hands at the exact time I needed to hear its messages. At two particular points in the text, tears literally filled my eyes as I experienced an "ah ha" moment. There truly is so much wisdom in this work and an incredible amount of inspiration as well. While the stories of the "21 Extraordinary People" the author writes about are all interesting and compelling, I also found great value in the heartfelt and very honest manner in which he shared very personal information from his own life experiences. In addition, his very conversational writing style actually makes you feel as if he's sitting in a café talking to you from across the table. This book is truly a gem in many respects. I loved it, and I really feel that you will as well.