Mama Nazimas Jewish Iraqi Cuisine
by Rivka Goldman

Great Recipes As Well As Great History

When the Jews fled Iraq for Israel, they could not take their material possessions, but they did take their culture—and their rich cuisine. With Mongolian, Turkish, and Indian influences, Jewish-Iraqi cuisine is a special blend—and has never before been documented. Rivka Goldman takes the reader through her memories of an ancient land and culture by means of the culinary heritage passed on to her by her mother. This elegant cookbook memoir describes the ways in which the unique sociopolitical history of the Jewish-Iraqi has impacted their foods and the ways in which they are eaten, supplying over 100 healthful family recipes. Refreshing salads, hearty stuffed vegetable and meat dishes, and wholesome dumpling, fish and rice dishes all accompany tales of friendship, loyalty, persecution, escape, exile, and, of course, celebration.

Features:
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My Personal Review:
In Mama Nazimas Jewish-Iraqi Cuisine, Rivka Goldman presents her memories of the culinary traditions of an ancient land that saw historical influences from the Mongols, the Turks, and India affect and enhance Iraqs ethnic and traditional cuisine among the Jewish-Iraqi community. More than 100 healthy family recipes have been compiled with dishes ranging from salads, to side dishes, to main entrees, to desserts. Each unique recipe comes accompanied by stories of friendship, loyalty, persecution, escape, exile, and celebration. From Feta Cheese and Onion Salad; Brown Eggs and Vegetables; Sweet-and-Sour Okra with Meat; and Semolina Dumplings with Zucchini; to Quince Stuffed with Meat; Rice and Lentils with Cumin and Garlic; Iraqi Pita Bread; and Candied Almond-Coconut, Mama Nazimas Jewish-Iraqi Cuisine is a superb addition to any personal, family, or community library regional/ethnic cookbook collection.

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