Arranged in a unique menu format, this cookbook takes the reader on a nostalgic culinary journey through Punjab. It features signature village recipes like Buttermilk Stew with Vegetable Pakoras and the famous Saag and Mukke Di Roti (Stewed Mixed Greens with Corn Flatbread), as well as recipes from a Maharajahs table such as a stunning Roast Leg of Lamb and Royal Bread Pudding. A colourful historical vignette or family anecdote introduces each menu, bringing the culture and cuisine of Pubjab alive for readers.

My Personal Review:
Definition of SUBLIME! : VERONICA’S CHOCOLATE BURFEE

Right before a cooking class in Rani’s kitchen, I reached across the table and picked up a square of what looked like chocolate fudge….As I put it into my mouth, the chocolate touched my tongue and melted into almonds and cherries and this wonderful mass of sweetness. Ah, heaven!

It was my introduction to the Indian sweet Burfee! But how did Veronica come up with this amazing candy? I reached out to take another piece and discovered that half the plate was gone……did I do that? And she made it in only 12 minutes? Impossible! Now how do I take the rest of the plate with me? Veronica seeing the look on my face promised she would make some more for me to take another time.

Well, true to her word, one day after a lunch filled with more amazing recipes she had prepared for my welcome, she produced a box of chocolate burfee and told me it would last up to 6 months in my freezer! Hah! Little did she know! It was so delicious that first one piece then
another slipped out of the box into my hands and mouth! In less than a week I had promptly eaten everyone in every way possible!

I have made fudge in my lifetime but never did it taste "sublime" before. Yes, that recipe is in Rani’s cookbook. (My copy is here at last! ) Her mango rice pudding!? I usually hate rice pudding, but after 3 bowlfuls, I promptly and unabashedly asked to take all the leftovers home! Do you get the idea these recipes are amazing!?

Yes, this is a cookbook unlike any other....and here I am a simple American girl in love with Rani’s Indian cooking. Now all my friends will love these recipes as well. They are simply extraordinary!
I urge you to buy this cookbook and I guarantee you will be licking your fingers as you read!

For More 5 Star Customer Reviews and Lowest Price:
Menus and Memories from Punjab: Meals to Nourish Body and Soul (Hippocrene Cookbooks) by Veronica Sidhu - 5 Star Customer Reviews and Lowest Price!