Moments Together for Intimacy: Devotions for Drawing Near to God and One Another by Barbara Rainey

Good Starter Devotional For Couples

This book is one in a set of small gift hard cover books that present 30 days of devotionals for married couples to read together. The content focuses on emotional, spiritual and sexual intimacy. Reading the selections together allows busy couples a focused, purposeful means of spending quality time together to improve their communication and produce a greater sense of closeness. The result is restoration of romance, trust, and true intimacy.

My Personal Review:
I wanted begin daily couples' devotionals with my spouse, but didn't think a year-long book would be the best one to start with. We both agreed that this thin, thirty day book would be fine. It takes about 5-10 minutes to do each lesson, which is only two pages long. Each lesson has a short story or life lesson, a question to ask your spouse (ex: Why did you get married?) and something to pray about (ex: give thanks for God's gift of your spouse). We read the pages individually and then discuss the question, although the pages can be read together. The authors made this small devotional with excerpts from their year-long devotional.

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