Nile Style: Egyptian Cuisine and Culture: Ancient Festivals, Significant Ceremonies, and Modern Celebrations (Hippocrene Cookbook Library) by Amy Riolo

Excellent Recipes And Culinary History

From classics like Fava Bean Puree, Yogurt with Honey, and Egyptian Whole-Wheat Pita Bread, to tempting Lamb-Filled Phyllo Triangles and Peanut, Coconut, and Raisin Baklava, Nile Style spans the range of the Egyptian kitchen with recipes that will appeal to every palate! It includes 23 full menus showcasing, 150 easy-to-follow recipes and much more.

My Personal Review:
Egypt is an ancient land of monuments and artifacts. It's also a country rich in distinctive culinary traditions that encompass food and dining as a fundamental element of both ancient and modern festivals, ceremonies, and celebrations. An internationally recognized culinary authority, food historian, and cooking instructor, Amy Riolo brings her many years of experience and expertise to bear when she compiled the recipes comprising "Nile Style: Egyptian Cuisine And Culture", a illustrated, 220-page compendium of superbly presented recipes that range from such exotic fare as Nubian Bread ad Hibiscus Punch; to traditional dishes like Lentils, Rice, and Pasta with Spicy Tomato Sauce; to classics like Egyptian Rice, Apricot, and Pistachio Pudding. The Egyptian names for each of the presented recipes is given along with the English translations of their names. Enhanced with the inclusion of a glossary of ingredients commonly used in Egyptian cooking, a 'Where to Buy' guide (including specific contact information for vendors of specialty ingredients not otherwise readily available), a tour-guide listing of superb Egyptian restaurants, an extensive bibliography, and a handy index, "Nile Style" is an enthusiastically recommended addition for personal and community library ethnic cookbook collections.
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