What do you do when your marriage is so unhappy that you begin to fantasize about your husband’s funeral? That’s how bad it got for Alisa Bowman... So she launched a last-ditch effort to save her marriage. *Project: Happily Ever After* is her fearlessly honest and humorous account of how she went from being a “divorce daydreamer” to renewing her wedding vows and all of the steps in between. From bikini waxes to erotica, romance instruction manuals to second honeymoons, the silent treatment to power struggles, she goes where many marriage-improvement gurus have feared to tread. Equal parts funny, poignant, and most importantly, useful, Bowman’s story will give other miserably-married folks courage and hope. And in addition to telling her own story, she packs straightforward prescriptive guidance, including a “10-Step Marital Improvement Guide.” Readers will laugh. They’ll cry. And they can start on the road toward their own happy ending!

**Features:**
- ISBN13: 9780762439010
- Condition: New
- Notes: BRAND NEW FROM PUBLISHER! BUY WITH CONFIDENCE, Over one million books sold! 98% Positive feedback. Compare our books, prices and service to the competition. 100% Satisfaction Guaranteed

I have to give very high marks to Alisa Bowman for her humility in writing this book. She is vulnerable, transparent, honest and very introspective. Her book details the true adventure of her life with Mark and their daughter Kaarina. When she and Mark meet she falls in love and so does he. They start spending time together and find that they are fairly compatible.

After the marriage some things start to change. Alisa details how Mark lost his job and vacillated about what to do next. His obsession with bicycle
racing and exercise seems to be taking the top place in his life and Alisa is now second to that, if not maybe even further down the chart. Her prince charming has definitely turned into a frog.

She talks about how things deteriorate in their marriage. Communication falls off, desire falls off, sexual drive falls off, etc. Its all Marks fault, at least that is what Alisa thinks. She finds herself contemplating his death. She dreams about how to kill him and move on with her life. Surely all of this is his fault.

What is puzzling though is in her descriptions how she explains how easy going Mark is. How often he is compliant to her criticisms and complaints and willing to try and adapt or be more sensitive. I found myself thinking often, this guy is awesome, why doesn't Alisa see this?

Then comes Alisas desire to make her marriage a success and she starts project Happily Ever After. She goes to Amazon and finds every book on marriage that she can find and orders them. She starts to read and low and behold she discovers something, maybe the problem is as much hers as it is his! Thats a shocker to her.

Maybe she is part of the conflict. Maybe her selfish desires have gotten in the way. Maybe her husband isn't the insensitive slob that she has started to believe he is. Alisa starts to take the advice of the authors she is reading and put into practice things they suggest.

As someone who does a lot of pre-marital counseling I could see where Alisa needed to learn some communication techniques and guidelines to help in her marriage. I was very impressed that she did learn these, and learn them through reading.

One of the best exercises she and Mark do together is to write out a list of the reasons they love their mate. Her three page list is shared with the reader in Chapter six and is amazing. Through writing that list Alisa starts to recall why she loves Mark and sets her heart and mind to change their relationship.

The book does a great job of sharing very honestly the struggles, the dreams, the desires and the fixes that are necessary to make a marriage work. While I usually deal with Christian Counseling books I was very impressed with the lessons that Alisa learns and how she and Mark work hard to save their marriage.

This book certainly gives a good deal of clarity into our culture today and how many young people are struggling to determine what love is and what marriage is all about. You will find many good lessons in this book as well as read Alisa and Marks experiences of what not to do.

Enjoy!