Revolutionize Your Riding by Susan Mcbane

Readers will learn how to ride with the ease and grace of a professional with this brilliant system of riding. Revolutionize Your Riding shows how to ride in perfect harmony with the horse and have a gentle but powerful influence over him, ensuring he co-operates rather than resists. This approach to riding requires less effort from the rider, is less stressful for the horse and reduces tension allowing easier training, increased trust and better performance. This easy-to-understand guide resents the classical system in a clear and logical way ensuring beginners and the more experienced can pick up the techniques quickly and gain the benefits.

My Personal Review:
This book is amazing. For anyone who is interested in a happy, healthy, willing and responsive partner, this is the book for you. With detailed descriptions of how to improve your seat, hands, and balance, as well as plenty of informative photos, you will gain an accurate insight on how to achieve balance and harmony with your horse.

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