Rituals for Living and Dying: From Lifes Wounds to Spiritual Awakening by Peg Elliott Mayo

Poetic, Practical Guidance With Bereavement And Death Issues

If you are called upon to recommend a single book to an individual or family facing death or grief, this is the book. How We Can Turn Loss & the Fear of Death into an Affirmation of Life Learn the Alchemy of Transmuting Grief to Creativity Part I: Rituals for Living and Dying - One Family's Experience Part II: Cultivating an Empowering Mythology for Confronting Death Part III: The Alchemy of Transmuting Grief to Creativity

My Personal Review:
This book is available through the authors: rivervoices.com or innersource.net. It provides tender, applicable guidance when facing death or at the time of loss. Strong case studies, intimate chronicles, and scholarly support for growing through grief into creative understanding of life's challenges.

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