Holly Frick has just endured the worst kind of breakup: the kind where you're still in love with the person leaving you. While her wounds are still dangerously close to the surface, her happily married best friend confesses over a bottle of wine that she is this close to having an affair. And another woman comes to Holly for advice about her love life--with Holly's ex!

Holly decides that if everyone around her can take pleasure wherever they find it, so will she. As any self-respecting 30ish New York woman would do, she brings two males into her life: a flawed but endearing dog, and a good natured, much younger lover. She's soon entangled in a web of emails, chance meetings, and misguided good intentions and must forge an entirely new path to Nirvana.
From the author of The Big Love, Secrets to Happiness is a big-hearted, knife-sharp, and hilariously entertaining story about the perils of love and friendship, sex and betrayal--and a thoroughly modern take on our struggle to be happy.

Features:
* ISBN13: 9780316013581
* Condition: NEW
* Notes: Brand New from Publisher. No Remainder Mark.

**Personal Review: Secrets to Happiness: A Novel by Sarah Dunn**

I must admit secrets to happiness isn't the typical genre that garners my interest. Regardless, I found this to be a very enjoyable book that kept me eagerly turning page after page until the very end. I started reading while travelling. It kept me so engaged that my two flights and the usually hum drum layover seemed to happen outside of my awareness.

Sarah Dunn is a talented author. Here, she introduces Holly Frick. Holly has been divorced from her husband for a year, but she still loves him. Her best friend has a short affair then passes her lover on to Holly, only to yield bizarre consequences for all involved -- including her best friend's husband. The almost-40 Holly also finds herself involved with the 23-year-old brother of an occasional friend. To top off all this drama, Holly starts receiving calls from her pre-marriage boyfriend's current girlfriend. This, in turn, leads to Holly encountering that boyfriend as well. For a single woman who seemingly leads a boring life, Holly sure seems to surrounded by constant chaos. This reader is actually surprised the author was able to keep all the drama straight.

If engaging romantic comedies are your thing, give this one a shot. The characters are developed at an appropriate level to support their involvement with Holly. Holly is extremely multi-faceted. The events in the story seem plausible too.

Bottom line... In short, I can't find anything about this to book about which to complain. Good characters, engaging plot, fluid storytelling... Grab a copy and enjoy the ride today.

**For More 5 Star Customer Reviews and Lowest Price:**

[Secrets to Happiness: A Novel by Sarah Dunn 5 Star Customer Reviews and Lowest Price!](#)