This AA classic explains character defects, helps reader use the first four steps of the AA program and includes 31 meditations for early recovery.

My Personal Review:
This book, Stools and Bottles, is an excellent view on the first four steps of Alcoholics Anonymous. For me, it's still helpful to hear the same information just worded differently in a different perspective. The daily meditations in the back of the book really give you something to think about. In my opinion we could all, new in the program or not so new, a refresher. This book provides a daily reminder, daily inventory, suggested meditation, spiritual contact and something that really gets somewhat lost or just not thought of much until we find ourselves at the doctors office and thats a daily physical audit. I would recommend this book to anyone.

For More 5 Star Customer Reviews and Lowest Price:
Stools and Bottles: A Study of Character Defects - 31 Daily Meditations by Anonymous
Anonymous - 5 Star Customer Reviews and Lowest Price!