In Sicily they eat ice cream for breakfast. That fact alone was enough to convince Victoria Granof that she had to go there. Sweet Sicily: The Story of an Island and Her Pastries is the result of a number of Granof's visits to Sicily, during which she confesses she ate more sweets than she ever thought possible. With plenty of humor and great respect, Granof shares what she learned from her experiences in Sicily and the friends she made there. Few of these sweets are fancy, and all are very traditional. Light and crispy Sweet Ricotta Turnovers from the Bar di Noto in Piana degli Albanesi and Chewy Pistachio Cookies shared by Giuseppe Chemi of Pasticceria Etna in Taormina are Sicily personified. All 106 of the recipes, such as the elegant little Engagement Cookies filled with almonds and cinnamon and honey-drenched Rice Fritters, call for the same ingredients the Sicilians have used for centuries. Learn to make homemade ricotta cheese and you won't believe how good your cannoli can be. --Leora Y. Bloom

My Personal Review:
I can tell you from experience that this cookbook is much more than just a cookbook. It's a manual for creating authentic Sicilian pastries and desserts. I learned many guarded secrets working for an Italian Bakery in my youth, and can say that this book should have never been published. Now all the secrets are out.

Some reviewers have complained of typos in the book. If there are any typos, I believe contacting the publisher and author could easily clear the air and correct any mistakes. The author went through a lot of trouble flattering her interviewers and humbling herself before others to obtain these recipes, I'm sure she would want purchasers of her book to be successful creating these masterpieces. She even went so far as to list suppliers for hard to find items. Personally, I've noticed NO TYPOS!

Buy this book, you'll never put it down.
For More 5 Star Customer Reviews and Lowest Price:

Sweet Sicily: The Story of an Island and Her Pastries by Victoria Granof - 5 Star Customer Reviews and Lowest Price!