Tabers Cyclopedic Medical Dictionary (Tabers Cyclopedic Medical Dictionary (Non-Indexed Version))

To: Beginning Nursing Students To Get Ahead Of The Game!

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My Personal Review:
(Or a quiz for those already in the nursing program to review terms listed.)

If there's a nursing Bible then this is it as its essential for nursing students. Around 90% of all the nursing books you'll purchase are so thick that there's no room for a glossary. Enter Tabers, problem solved. There are many excellent reviews for you to read here. My purpose of writing is to share some of the terms that nursing students awaiting entry into nursing school should go ahead and learn as they were mentioned over and over in my first year nursing books:

ADL, advance directive, adventitious, alveoli, aphasia, ascites, asepsis, aspiration, atelectasis, blanch, BP (and go ahead and learn how to take correctly,) Braden scale, bradycardia, bradypnea, bruit, BUN, cachexia, CAD, calculi, capillary refill, Cheyne-Stokes respiration, chloasma, cholecystitis, colonoscopy, colostomy, contracture, contraindication, COPD, creatinine, CSF, defibrillation, diastolic, digoxin, distention, diuretic, dysphasia, dyspnea, dysrhythmia, dysuria, ecchymosis, edema, emesis, epiglottitis, erythema, exacerbation, excoriation, febrile, flank, fundus, glaucoma, heart, Heimlich maneuver, hematuria, hemoptysis, HPV, hypertension, hypotension (orthostatic), hypoxia, idiopathic, infiltrate, insensible (loss), inspiration, ischemia, jejunocolostomy, Korotkoffs sounds, kyphosis, leukocytosis, living will, lordosis, maceration, mastitis,
MCH, MCHC, metastasis, MI, NANDA, NLN, NCLEX-RN, necrosis, Nightingale, F., NPH insulin, nystagmus, obese, oliguria, opioid, orthopnea, os, osteoporosis, otalgia, O.U., pallid, pallor, papule, parenteral, paresis, paresthesia, patency, peak and trough, peduncle, pelvic tilt, perfusion, peristalsis, peritoneum, PERRLA, petechiae, photophobia, photosensitivity, PICC, pitting, polyp, position (know all of them and why and when place pt in them,) presbyopia, pressure point, pressure sore, puritis, pulse in pt care, purpura, purulent, qualitative and quantitative analysis, Reiki, respirations (learn all these and what they mean when a pt has them,) resuscitation (you have to be CPR accredited for HCP so if you haven't done that, do it!) rhinitis, ROM, S1, S2, S3 and S4 heart sounds, scoliosis, sensible loss, sepsis, shunting, sign (learn every kind of sign you can and what they meant to the pt if they are positive,) Snellen chart, SOAP, somnambulism, specific gravity, Star of Life symbol, stenosis, stent, stoma, strabismus, syndrome X, synergistic, systolic, tachycardia, tachypnea, telemetry, test (take note of every kind of test there is and learn all you can about them,) TIA, TPN, trachoma, turgor, up and go test, urticaria, uvula, Valsalvas maneuver and when and why you get pt to do it, valves (know the heart,) varicosity, vertigo, visceral, wounds and their care, xanthelasma, yin-yang, yoga and Z-track to name a few.

If you learn these you will have a great head start in nursing! I wish someone had told me to learn these before I began. Good luck future nurses.

Soar!

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