This cookbook is a fascinating exploration of Belarusian history and food, as well as the prominent Jewish influence on the cuisine. Alexander Bely, a historian and native of Belarus, carefully reconstructs traditional recipes, both of the peasants and aristocracy, with the aim of pleasing palates as well as restoring national culinary traditions, which have been largely eclipsed during the tumultuous last century.

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The cuisine of Belarus owes much to its Russian and Ukrainian neighbors, but has its own unique flavor. The Belarusian Cookbook is the first cookbook of its kind. Focusing on the cuisine of these lesser known Slavic people, author Alexander Bely brings readers a sample of nearly two hundred Belarusian recipes such as Herring Fried in Batter, Simplest Babka, and Leavened Slizhyki, among other fine recipes. With more staples of the style of cooking and seasonal dishes for the holidays, The Belarusian Cookbook is a fine compendium for those looking for a new ethnic flavor to enjoy.

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