Sit at the foot of a native elder and listen as great wisdom of days long past is passed down. In The Four Agreements shamanic teacher and healer Don Miguel Ruiz exposes self-limiting beliefs and presents a simple yet effective code of personal conduct learned from his Toltec ancestors. Full of grace and simple truth, this handsomely designed book makes a lovely gift for anyone making an elementary change in life, and it reads in a voice that you would expect from an indigenous shaman. The four agreements are these: Be impeccable with your word. Don't take anything personally. Don't make assumptions. Always do your best. Its the how and why one should do these things that make The Four Agreements worth reading and remembering. --P. Randall Cohan

I think the main reason why I like this book is the simplicity it was written with. As I read in a lot of reviews, some people prefer just to call it common sense. I think it is common sense, I say it is, like we use to call in Brazil, good sense.
The point is: how far are we from all this good sense? How society in general fail to teach us what really matters? How we are lost in distractions, turning our backs to our true nature?
Don Miguel Ruiz shows us how shallow we are in such a simple way that it'll be felt like a slap in the face. I caught myself thinking: How dare him, to be so simple?. And then you start re-thinking all your attitudes, and the deepest you allow yourself to go, the more surprising it is.
I've been studying philosophy and personal growth for the past seven years, and this book was one of the most enlightening ones I've ever read. It really helped me shifting the way I looked at things.
Some reviewers here say that the book shows nothing new or nothing more than what my grandmother taught me. They can be right, since everybody understand a message in different ways, and people have different levels of spirituality and growth. Don't let these reviews get in your
way thought. I strongly encourage you to read this book and draw your own conclusions, like you should always do if you're following the path of personal growth.

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The Four Agreements: A Practical Guide to Personal Freedom, A Toltec Wisdom Book
by Don Miguel Ruiz - 5 Star Customer Reviews and Lowest Price!