An overview of the neurobiology behind addictions. A leading addictions specialist presents information about the neurobiology of drug and alcohol addictions and how individuals with addictions respond to various therapies. The strong focus on the most commonly addictive drugs—alcohol, nicotine, cocaine, heroin—as well as others, ensures wide coverage of this issue.

First, let me say that I am a doctor specializing in alcohol and drug studies and the author of over a hundred publications so I have a good perspective of science books, etc. In a sentence, Carl Erickson's book, The Science of Addiction is one of the best books ever published on the subject. Anyone in the field of addiction medicine (e.g., physicians, psychologists, drug/alcohol counselors) or with a personal or other professional interest in addiction will learn from this book. While a bit more advanced than Drugs The Brain and Behavior: The Pharmacology of Abuse and Dependence, by the same author, it is still very readable, fully referenced and current. Two thumbs up to Dr. Erickson.

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