What is joy? Where can we find it, and how can we share it? Is it a gratifying sense of personal fulfillment, or an intense passion? An extended feeling of harmony, or merely a moment of peace? Here is a treasury of insights from some of the world's greatest writers, artists, thinkers, and leaders. These voices from throughout the centuries explain what joy means to them and what they have learned about giving their happiness to others. Full of thought-provoking wisdom, these quotations are guideposts on our individual journeys toward happiness and fulfillment.

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