Fighting The Good Fight

A Jungian psychoanalyst and a mythologist teach men how to recover the warrior within themselves and to use this aggressive energy to improve their careers, their family lives, and their roles in the community. 75,000 first printing. Major ad/promo.

My Personal Review:
Robert Moore and Doug Gillette published a number of books on their theory of 4 male archetypes. The first is an overview entitled: "King, Warrior, Magician, Lover." They followed up this fine introductory work with a book on each of the 4 archetypes. This one is, of course, on the Warrior Archetype. Each of the 4 books has a completely redundant section (worth reading once, anyway), but also has much material on the particular, titled, archetype. The names of the archetypes are defined a bit differently than society might define them (e.g. the warrior differs considerably from the soldier)--moving the descriptions into the worlds of psychology and mythology in which the two authors are well-versed. If you read one, it's best to read them all. Otherwise, you get a skewed view of the archetypes, the authors' works, and the theory they propose. I like this book very much. It provides not only description of the archetype but some ramifications and ideas as to how to implement or invoke it. They also point out that the present situation of mens' psychological development (somewhat lacking) is due to the loss of ancient men's initiation rights and methods. Thus, they insert some sociological/anthropological considerations into the fray. I found this book uplifting and see the glass as half full. The authors provided the rationale and some means of implementation of the Mens' Movement. Not only are these books valuable to men, but they are, perhaps, even more valuable to women who wish to interact and support men. They are a wonderful addition to the literature and to humans understanding themselves and each other.

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The Warrior Within: Accessing the Knight in the Male Psyche by Douglas Gillette - 5 Star Customer Reviews and Lowest Price!