Dr. Richard McCall, a psychologist who teaches martial arts principles to professionals, turns his attention exclusively to the fiscal battlefield in The Way of the Warrior-Trader: The Financial Risk-Takers Guide to Samurai Courage, Confidence and Discipline. Likening today's high-performance traders to Japan's legendary samurai, he combines personal anecdotes with success stories to show why the mind is the most important weapon in both arsenals—and how it can best be used in battle.

Dr. McCall's book is about developing a warrior mindset. The Way of the Warrior Trader is mostly written for professional risk takers. However, you don't have to be trading options or stocks to gain from this book.
Warrior trader or warrior homemaker, it doesn't matter. The main takeaway from this book that you can develop the courage, confidence and discipline to master any area of your life or goals that you may have set.

Also, to answer one of the harsh critics below--Dr. McCall does not try to dupe anyone or take their money with nefarious intent.

I attended a several day workshop that Dr. McCall gave on Warrior Trading. We simulated trading and quick decision making at the craps tables in Tunica, Mississippi. My wife and I gained much insight into our personalities and money styles. When the workshop was completed I had not spent a dime on food and lodging. Dr. McCall did not ask for any money from us or hit us up for any additional money for ongoing training.

Straight up guy and straight up advice in the book.

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