Truly Blessed is legendary singer Teddy Pendergrass's riveting account of the journey that took him from a North Philadelphia ghetto to the stage of Madison Square Garden. From his first hits as lead singer of Harold Melvin and the Blue Notes--If You Don't Know Me by Now and The Love I Lost--to his sizzling solo singles, including Close the Door and Turn Off the Lights, Teddy was clearly special. Described as the black Elvis, he sparked in female fans an unprecedented sexual frenzy and earned the critics unqualified respect. Teddy seemed invincible, until a near-fatal 1982 car accident left him partially paralyzed and wheelchair-bound. Miraculously, though, he returned: to the stage at 1985's Live Aid, to the top of the charts with 1988's Joy, and to the millions of fans around the world who still love the sexy, charismatic man they call the Teddy Bear. Adored by millions, though known by few, Teddy reveals for the first time the real story: the early struggles; the women (some famous) and the drugs that came with fame; the circumstances around his accident and the crisis of faith that followed. Here, too, is the account of how the love of Teddy's family helped him overcome self-imposed isolation, depression, and drug abuse. Truly Blessed is a personal story of triumph--over poverty, racism, violence, disability, and fate--and a tribute to faith, determination, and love.

**Personal Review: Truly Blessed by Teddy Pendergrass**

This book is truly a blessing! Pendergrass gives the story of his life straight to you, no chaser. Not only did his bio clear up a lot of misconceptions (I always knew the brother wasn't gay!), but it gave much insight into what he learned growing up as the child of a single parent in Philly (what a blessing his mother was!); his struggles to gain respect as
an artist; his love for his children and determination to give them what he didn't receive from his own father; and his phenomenal wife Karen (special woman indeed!).

I especially appreciated his sharing his deeper feelings about the day-to-day struggle of being a paraplegic. I'm glad that he told about the times when he didn't feel like being 'brave' and 'noble' about his situation, the times when he felt depressed and even suicidal. He really broke it down about having to meticulously plan his day around his injury (and even those best-laid plans go awry!). People need to know the realities of paraplegics, not just the sugar-coated stories of moving on in spite of. It makes me so grateful to be able to get up in the morning and do the things we take for granted every day.

I hope there will be a revision of this book sometime soon, for I am sure there is more to the story since its publication 10 years ago.

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Truly Blessed by Teddy Pendergrass 5 Star Customer Reviews and Lowest Price!