WHAT WE EAT WHEN WE EAT ALONE

Stories and Recipes

RENOWNED VEGETARIAN COOKBOOK AUTHOR Deborah Madison set out to learn what people chew on when there isn't anyone else around. The responses are surprising—and we aren't just talking take-out or leftovers. This is food-gone-wild in its most elemental form.

In a conversational tone, What We Eat When We Eat Alone explores the joys and sorrows of eating solo and gives a glimpse into the lives of everyday people and their relationships with food.

The book is illustrated with the delightful art of Patrick McFarlin, and each chapter ends with recipes for those who dine alone.

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My Personal Review:
Deborah Madison is my all time favorite cookbook author and this book is a wonderful collaboration with her husband, Patrick McFarlin whose fantastic illustrations add so much to the book. I could not put the book down and laughed a lot of the way through it. It is a fun book to read and I have found my self totally addicted to avocado tacos since I read about them! I highly recommend this book to anyone interested in food on any level!

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What We Eat When We Eat Alone: Stories and 100 Recipes by Patrick McFarlin - 5 Star Customer Reviews and Lowest Price!